**Young Athletes Holiday Camp – October Half term 2020**

**What:** The Young Athletes holiday camp is suitable for children of all abilities and aims to help your child learn new skills, have fun, and make new friends. We will provide a balanced programme of Athletics activities, techniques, skills and games delivered by qualified UK Athletics coaches, all of whom have experience of working with children of all abilities. Ratio of coaches will be in line with the current Government guidelines. Suitable for children aged 7 - 14 years

**Activities:** Sprinting, hurdles, endurance, long jump, triple jump, high jump, throwing and conditioning.

**Dates:** 26th, 27th, 28th, 29th, 30th October.

Registration will be between 8.30am to 9am and pick up 3.30pm to 4.00pm.

**Where:** Rosset School, Green Lane Harrogate. We will have access to the entire sports’ fields and the top gym.

**Prices:**

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| --- | --- |
|  | **Per day** |
| **Child** | £25 |
| **Sibling 2** | £22.50 |
| **Sibling 3** | £20 |

**COVID-19 Impact:** Young Athletes will be following the Government guidelines in relation to COVID19 and we will:

• Provide a safe environment with equipment, resources and staffing

• Use technology respectfully and safely where possible, to limit numerous contacts with paper and the chance of spreading infection and disease

• Support children to understand and adhere to rigorous hygiene routines and social distancing throughout the day

To support us, we ask parents and children to:

• Ensure punctuality in drop off & pick up times

• Provide your child with an understanding of hygiene and social distancing rules

• Keep us informed of any changes of your child’s health and well-being

• Send your child to our camp in clean clothes every day

• Follow camp routines and adult instructions

• Take responsibility for personal hygiene to limit the spread of infection and disease

**Snack & Lunchtime**

Lunch: Your child’s lunchbox will be kept in an inside area, although where possible lunch and snack breaks will be eaten outside. Please make sure your child has their own lunchbox / snacks and not shared with any siblings. **PLEASE NOTE WE ARE A NUT FREE CAMP (that is we respectfully ask that children do not bring any food/snacks that contain nuts)**

Hand Washing & Toilet Routine: we will ensure good hand washing hygiene before snack and lunchtimes. Please can children bring their own own hand sanitiser, although we will have spare.

How to book: <https://bookwhen.com/youngathletes>

Please contact me on [jonireland5@gmail.com](mailto:jonireland5@gmail.com) if you have any questions regarding the camp.

**HOPE TO SEE YOU THERE!!**