



Young Athletes HOLIDAY SUMMER CAMP

July 25th to August 28th



These camps are suitable for children of all abilities from 6-14 years old and aim to help your child learn new skills, have fun, fun, fun and make new friends.

We are committed to providing a safe, secure and respectful environment for those involved in the camp irrespective of their ability. We expect everyone from coaches, parents, helpers, and athletes to show respect and behave in a sensible, considerate and inclusive manner at all times.

- We provide a balanced programme of
- athletics activities, techniques, skills
- and games delivered by qualified UK
- athletics coaches, all of whom have
- experience of working with children of
- all abilities. Our activities include:
- ■ Sprinting, endurance, and conditioning
- ■ Hurdles, long jump, triple jump, high jump and throwing
- ■ Team games
- ■ Treasure Hunts and Orienteering
- ■ Certificates for best all round athlete and most improved

Daily Registration will be at 9.00am and pick up from 3.30pm
at Rosset School, Green Lane, Harrogate.

Spaces are limited so book now - prices start from £27.50

How to book: <https://bookwhen.com/youngathletes>

Please contact jonireland5@gmail.com if you have any questions regarding the camps